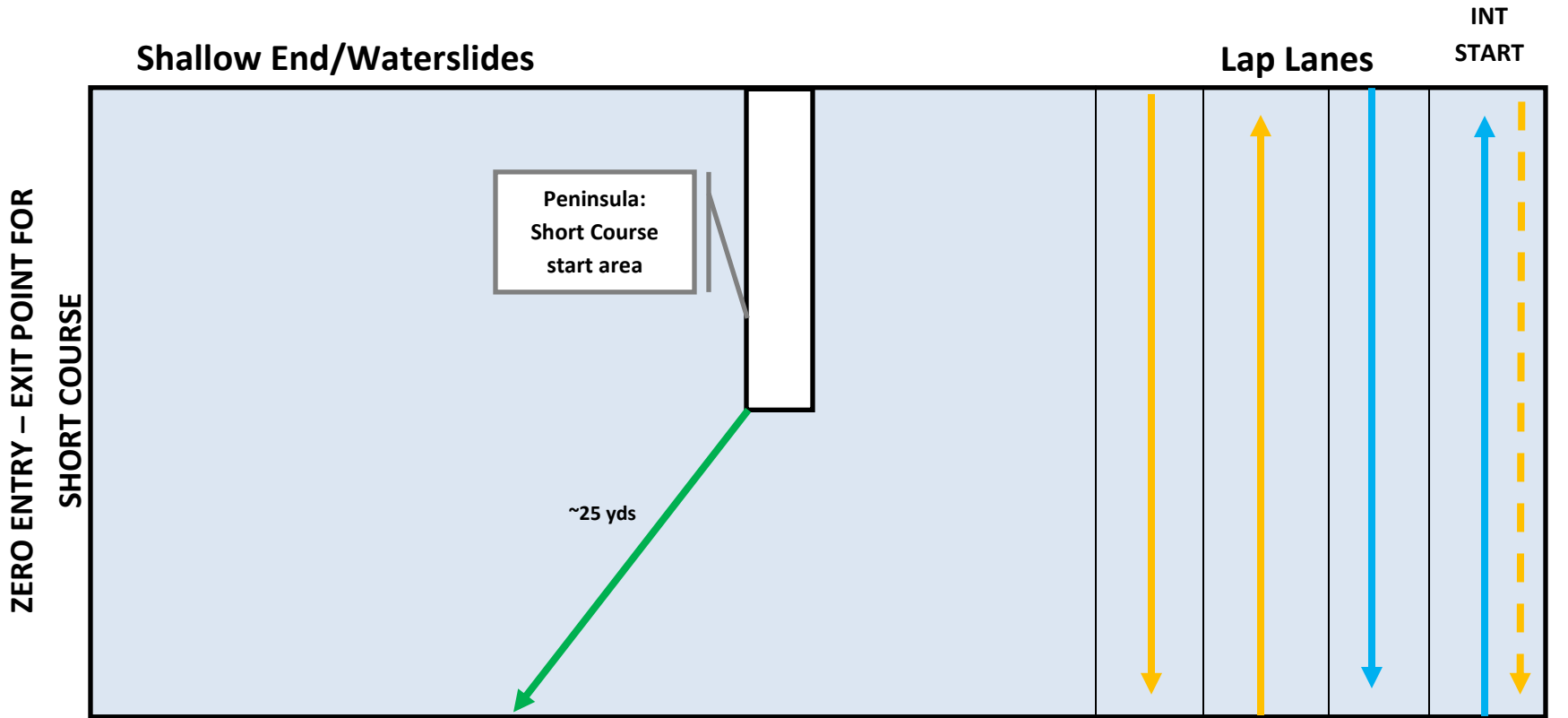




### Middleton Swim Courses



Short course in **GREEN** (starts at 10:30am)

Medium course in **YELLOW** (starts at 9:30am). Intermediate course (10am) does 1 length of lap pool.

Long course in **BLUE** and **YELLOW** (starts at 8:30am)

LONG EXIT/ MED	MED START #2	MED EXIT #1	MED #1 & LONG COURSE START/ INT EXIT
EXIT #2			