



## Sun Prairie Kids Triathlon - Spectator Viewing Guide

### What do I need to know about being a spectator at a kids' triathlon?

Positive, supportive spectators are key to help our athletes do their best on the day of the event. They appreciate hearing cheers of support, and everyone benefits when spectators are aware of participants' safety.

Our athletes cover a lot of ground on race day – swimming, biking, running, and visiting Transition between each activity. As a spectator, you won't be able to keep up with the kids to see them each step of the way, so it is best to pick one or two key places that you would like to be able to see and cheer on your athlete.

### Where should I go to view my athlete in action?

Here are a few locations you may consider visiting on race day:

- **Indoor Pool** – Athletes will line up in the grassy area outside the pool door. Spectators can enter through the main pool door (Door 20) and view the swim from bleachers in the pool area. Please note that it may take some time to get in/out of the pool area, so your athlete will likely be into Transition (and possibly out on their bike) before you get outside to see them.
- **Transition** – One of the most action-packed locations during the race is Transition. By stationing yourself near the Transition area, you could see your athlete as they transition from swim to bike, and then again from bike to run. Note that parents are NOT allowed inside the Transition area (children ages 6 and under are allowed to have one adult helper in Transition).
- **Bike Course** – Our bike course uses local roads in the neighborhood across Grove St. from the high school. Athletes appreciate the extra boost of support while on the course, but be aware that it may take spectators awhile to get to or from the course due to race traffic and road closures.
- **Run Course** – The run course will be on the track, and spectators may watch from the bleachers or along the fence outside the track.
- **Finish Line** – Athletes will cross the finish line on the track and then leave the track area to enter the Finish Zone. Spectators can reunite with your athlete in the Finish Zone to celebrate their success!

### Anything else to remember on race day?

Since the race will be held rain or shine, be sure to dress for the weather. You may want to bring snacks or water, and definitely bring your patience and enthusiasm. Our volunteers (the friendly people in bright shirts!) can help with questions or concerns, and be sure to say a 'thank you' to them as well, as they help ensure that all our kids have a safe and successful race day!

**THANK YOU** to all spectators for supporting the kids as they achieve their goals and contribute to healthier schools!