

Long Course will enter the track and complete 4 laps on the track before crossing the Finish Line.

Medium and Intermediate Courses will enter the track and complete 2 laps on the track before crossing the Finish Line.

Short Course will enter the track area and complete 1 lap to the Finish Line.

** PLEASE NOTE: Athletes are responsible for keeping track of their own number of laps. Consider stationing a helper adult along the track viewing area to help your child count laps if you are concerned that they may need assistance. **

