



## Starting a Tri 4 Schools Chapter

Thank you for your interest in forming a Tri 4 Schools chapter in your community! We would love the opportunity to work with you to build healthy kids, healthy schools, and healthy communities!

In order to establish a high quality and sustainable program in your community, there are several requirements that we have for potential chapters.

You should have:

### **Core Beliefs:**

- A belief in Tri 4 Schools mission:

To empower kids, schools, and communities to be healthy and happy

### **Population and Proximity:**

- Metropolitan statistical area population of at least 100,000
- Within a school district with 3+ elementary schools
- At least one 4 year university within the metropolitan statistical area

### **Show of Community Support for Youth Wellness Events:**

- Existing swimming and running events or clubs for youth in your area
- No more than one youth triathlon in your area

### **Facilities and Equipment:**

- Permission from school principal or site director to hold the program after school or during the summer
- Indoor or outdoor competition pool in community
- Access to bike resources (examples: school district bike fleets, Dream Bikes, Free Bikes for Kids, willingness to do a bike drive or local police departments storage of unclaimed bikes or other partners)

### **Relationship with the community:**

- Ability to generate in-kind partnerships to annually supply snacks, equipment, facilities, etc.
- Access to communication with students, principals, staff and parents to market the program
- Willingness to involve student groups (High School or College) as workers/volunteers

- Ability to secure free or affordable access to facilities (“shared use”)
- Ability to partner with a local children's triathlon to act as the participants' culminating event

**Leadership:**

- 1 person identified to serve as program coordinator for the Tri 4 Schools Training Team program in your community
- School or community center staff willing to serve as paid coaches for the program. Minimum 2 coaches per program of 30 children
- Willingness to work with T4S to grow your program and establish your own T4S chapter with paid staff and volunteer board members.
- Willingness to receive guidance from T4S in order to develop and grow your T4S chapter into a successful organization
- Willingness to work with T4S HQ to identify at least 4 prospects to serve as board members – Chair, Vice Chair, Treasurer and Secretary
- Willingness to work with T4S HQ to raise funds to establish your chapter